

Behavioral Health Group Calendar: November 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Women's Arts + Crafts Group 2:00 - 4:00 pm	4 Just Because.....We are women 10:00 – 11:30 am Coping with Trauma 1:00-2:30 pm Hang-out: 3:00-4:00 p.m.	5 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am Navigating Life's Transitions 1:00-2:30 pm Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	6 Art Therapy Group 6:00 – 7:00 pm	7	8
9	10	11 Just Because.....We are women 10:00 – 11:30 am Coping with Trauma 1:00-2:30 pm Liberty Landing Men's Group (Residents Only) 3:00 – 4:00 pm	12 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am. Lawyer for a Day: 9:30 – 10:30 a.m. Navigating Life's Transitions 1:00-2:30 pm Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	13 Art Therapy Group 6:00 – 7:00 pm	14	15
16	17	18 Just Because.....We are women 10:00 – 11:30 am Coping with Trauma 1:00-2:30 pm Hang-out: 3:00-4:00 p.m.	19 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am Navigating Life's Transitions 1:00-2:30 pm Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	20 Common Grounds Coffee Hour 9:00 a.m. LGBTQ+ Group 5:30 – 6:30 pm Art Therapy Group 6:00 – 7:00 pm	21	22
23	24	25 Just Because.....We are women 10:00 – 11:30 am Coping with Trauma 1:00-2:30 pm Liberty Landing Men's Group (Residents Only) 3:00 – 4:00 pm	26 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am Navigating Life's Transitions 1:00-2:30 pm Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	27 VOC Closed	28	29