| Morale Center Calendar: November 2025               |                                                                                         |                                                |                                                                                                   |                                   |                                                                                        |          |  |  |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------|------------------------------------------------|---------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------------------------------------------------------|----------|--|--|
| Sunday                                              | Monday                                                                                  | Tuesday                                        | Wednesday                                                                                         | Thursday                          | Friday                                                                                 | Saturday |  |  |
| Hydromassage Chair<br>OPEN DAILY<br>Mon-Fri 9am-4pm |                                                                                         | No Physical Therapy<br>in November             |                                                                                                   |                                   |                                                                                        | 1        |  |  |
| 2                                                   | Meditation Monday<br>(by appointment)<br>11am-2pm                                       | Base Camp Outdoor<br>Open Group<br>10:00am-1pm | 5 Reiki (by appointment) 12pm- 3pm Archery Event (registration required) 10:00am-2:00pm           | 6<br>Hiking Group<br>9:30am-12pm  | 7 Wildlife Rockstars – Super Heroes Presentation 1:00pm- 2:00pm Open Art Group 1pm-3pm | 8        |  |  |
| 9                                                   | Meditation Monday<br>(by appointment)<br>11am-2pm                                       | Base Camp Outdoor<br>Open Group<br>10:00am-1pm | Dog Behavior 101 by<br>Lollypop Farm<br>10:00am-11:00am<br>Reiki (by<br>appointment) 12pm-<br>3pm | Hiking Group<br>9:30am-12pm       | Open Music Group<br>1pm-3pm                                                            | 15       |  |  |
| 16                                                  | 17 Salon Services (by appointment) 9am-12pm Meditation Monday (by appointment) 11am-2pm | Base Camp Outdoor<br>Open Group<br>10:00am-1pm | Reiki (by appointment) 12pm-3pm                                                                   | 20<br>Hiking Group<br>9:30am-12pm | Open Art Group<br>1pm-3pm                                                              | 22       |  |  |
| 23                                                  | Meditation Monday<br>(by appointment)<br>11am-2pm                                       | Base Camp Outdoor<br>Open Group<br>10:00am-1pm | Reiki (by appointment) 12pm-3pm                                                                   | VOC Closed Thanksgiving           | 28 VOC Closed Thanksgiving                                                             | 29       |  |  |