

Behavioral Health Group Calendar: January 2026							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 VOC Closed	2	3	
4	5 Women's Arts + Crafts Group 2:00 - 4:00 pm	6 Just Because.....We are women 10:00 – 11:30 am Hang-out: 3:00-4:00 p.m.	7 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	8 Art Therapy Group 6:00 – 7:00 pm	9	10	
11	12	13 Just Because.....We are women 10:00 – 11:30 am Create your Cover (Female veterans only) 5:15 pm Liberty Landing Men's Group (Liberty Landing Residents Only) 3:00 - 4:00 pm	14 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am. Lawyer for a Day: 9:30 – 10:30 a.m. Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	15 Common Grounds Coffee Hour 9:00 a.m. Art Therapy Group 6:00 – 7:00 pm	16	17	
18	19 VOC Closed	20 Just Because.....We are women 10:00 – 11:30 am	21 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm	22 VOC Closes at 2:00 pm Art Therapy Group 6:00 – 7:00 pm LGBTQ+ Group 5:30 -6:30 pm	23	24	
25	26	27 Just Because.....We are women 10:00 – 11:30 am Liberty Landing Men's Group (Liberty Landing Residents Only) 3:00 - 4:00 pm	28 Vet to Vet Coffee Hour (LIBERTY LANDING): 9:30-10:30 am Chess Club: 2:00 -3:30 pm Men's Group: 4:00 – 6:00 pm Female Veteran Support Group (New) 4:00-6:00 pm	29 Art Therapy Group 6:00 – 7:00 pm	30	31	